## Connecticut Training and Development Network

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# The Application of the 7 Habits of Highly Effective People Friday, January 19, 2006

9:00 am – 12:00 pm

Want to jump-start your year and start out right? Then attend this program and learn how to apply <u>The 7 Habits of Highly Effective People</u> (Covey; 1989, 2000) to your current position and daily responsibilities! Through individual and group activities, you will develop a richer understanding of how the 7 Habits can be internalized and integrated to enhance your professional passion, performance, and skills.

# Our Speaker

#### Lisa Brandes

Lisa Brandes is Corporate Training Director for the CSI Training and Resource Center. Ms. Brandes initiated and developed the CSI Training and Resource Center in 2000, specializing in evidence-based practices for social service professionals and management skills and techniques for administrators. Ms. Brandes is a dynamic facilitator who has been providing training for over 15 years throughout the United States and internationally. Ms. Brandes also has over 20 years of supervisory experience, managing and developing social service programs throughout the United States.

## **Meeting Location**

Department of Labor, Conference Rooms A / B 200 Folly Brook Blvd. Wethersfield, CT 06109

# RSVP by Friday, January 12, 2006

Lourdes Ardel

Phone: 860-465-5118

E-Mail: Ardell@easternct.edu

## In Case of Inclement Weather

Lourdes Ardel will leave a voicemail message on her phone for Network members, advising us of a late start, a cancellation, etc. You may call anytime after 2:00 PM on January 18<sup>th</sup> for an update on the status of the meeting:

Phone: 860-465-5118

# **Driving Directions**

## From Route I-91 (North or South)

Take Exit 28 (Wethersfield/Newington). You will be on Route 15 South. Take the first exit (#85 - Route 99, Wethersfield), which will put you on the Silas Deane Highway, heading South. At the first traffic light, turn right onto Jordan Lane. Go straight (through one 4-way stop intersection) to the first traffic light. Turn left onto Folly Brook Boulevard. The Labor Department Building will be on your left. Take the second left into the parking area. (There is additional parking in the rear of the building). Visitors without badges must enter through the lobby located at the front of the building on Folly Brook Boulevard.

### From Route I-84 West

Take Exit 57 (left lane exit) to the Charter Oak Bridge. Stay in the left lane going over the bridge and follow the signs for Routes 5 and 15 South. The road will reduce to one lane and then expand to two. Immediately after that, get into the right lane and take the first exit (#85 - Route 99, Wethersfield), which will put you on the Silas Deane Highway, heading South. At the first traffic light, turn right onto Jordan Lane. Go straight (through one 4-way stop intersection) to the first traffic light. Turn left onto Folly Brook Boulevard. The Labor Department Building will be on your left. Take the second left into the parking area. (There is additional parking in the rear of the building). Visitors without badges must enter through the lobby located at the front of the building on Folly Brook Boulevard.

## From Route I-84 East (#1)

Pick up Route 72 in Plainville and follow it through New Britain. When highway divides, bear left onto Route 9 North toward Newington. Take the first exit. (Newington) At end of ramp, turn right onto Cedar Street. Go to the tenth traffic light and take a left onto Goff Road. Go to the end of Goff Road and take a right onto Nott Street. Go straight (through the 4-way stop at the intersection with Ridge Road.) Go to the bottom of the hill and take a left onto Folly Brook Boulevard. After going under the overpass, take the **first** driveway on your right into the Department of Labor Parking area. (There is additional parking in the rear of the building). Visitors without badges must enter through the lobby located at the front of the building on Folly Brook Boulevard.

#### From Route I-84 East (#2)

Pick up Route 691 toward Meriden. Take exit #8, Routes 5 and 15, Berlin Turnpike. At traffic light at end of ramp, turn right. Go straight until the road automatically connects to the Berlin Turnpike. (You will go through 3 traffic lights) Follow the Berlin Turnpike to the last traffic light. (exactly 11 miles. D&D Automotive on your right) Turn right onto Nott Street. Go straight (through the 4-way stop at the intersection with Ridge Road.) Go to the bottom of the hill and take a left onto Folly Brook Boulevard. After going under the overpass, take the first driveway on your right into the Department of Labor Parking area. (There is additional parking in the rear of the building). Visitors without badges must enter through the lobby located at the front of the building on Folly Brook Boulevard.

#### From Route 2 West

Just north of the Glastonbury bridge, take the exit for Route 3, South. (Putnam Bridge) Take the first exit for Route I-91 North. On I-91, take Exit 28 (Wethersfield Newington). You will be on Route 15 South. Take the first exit (#85 - Route 99, Wethersfield), which will put you on the Silas Deane Highway, heading South. At the first traffic light, turn right onto Jordan Lane. Go straight (through one 4-way stop intersection) to the first traffic light. Turn left onto Folly Brook Boulevard. The Labor Department Building will be on your left. Take the second left into the parking area. (There is additional parking in the rear of the building). Visitors without badges must enter through the lobby located at the front of the building on Folly Brook Boulevard.

## Parking Information

Parking for visitors is located in the front of the building; with additional parking in the rear of the building.